

भारत सरकार द्वारा मान्यता प्राप्त : RECOGNISED BY THE GOVERNMENT OF INDIA & IOA

A 695, Shastri Nagar, New Delhi-110052. | www.indiaskate.com

11RR ANNEXURE

2022 - 23



















भारतीय रोलर स्केटिंग महासंघ

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	S	PEED S	KATIN	G DIST	ANCE	S (in m	neters)	- RACI	ES and	AGE GI	ROUP -	- 2022	2-23 (F	Referen	ce 11 RR	annexu	re - A)		
AGE QUAD TRACK RACES QUAD ROAD GROUP RACES						INL	INE TRAC	K RACES	S			INLINE ROAD RACES							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
	RINK I	RINK II	RINK III	ROADI	ROAD II	RINK IV	RINK V	RINK VI	RINK VII DUEL TT*	P.T.P. + ELI **	ELEM **	RELAY	MIXED RELAY+	ROAD III	ROADIV	ROAD V ***	POINTS	ELEM.	Marathon
Cadet																			
05 to 07	1 Lap	2 Laps	3 Laps			1 Lap	2 Laps	3 Laps											
07 to 09	1 Lap	500 + D	4 Laps	1 lap		1 Lap	500 + D	1000							1 lap				
09 to 11	1 Lap	500 + D	1000	1 lap		1 Lap	500 + D	1000							1 lap				
Sub Junio	r																		
11 to 14		500 + D	1000	1 lap	1500		500 +D	1000			5000	3000	4000	100	1 lap	3000			
Junior																			
14 to 17		500 + D	1000	1 lap	3000		500 +D	1000	200	10000	10000	3000	4000	100	1 lap		10000	15000	401/
Seniors																			42K
Above 17		500 + D	1000	1 lap	3000		500 +D	1000	200	10000	10000	3000	4000	100	1 lap		10000	15000	
Masters																			
Above 35*							500 +D	1000			5000								

Important Notes:-

- 1. Maximum Skaters allowed in the Cadet for each Age Group from each State/U.T. in both Boys and Girls events are 3 each for Quads and Inline races; therefore maximum number of 36 Skaters i.e. (Boys 18 + Girls 18) are allowed to take part from a team participating in all events in all age groups.
- 2. From each Unit, Cadet skaters (Quad and Inline) of the age group 5 7 years Boys & girls can take part in 2 out of 3 races, (Quad and Inline) skaters of the age group 07 09 and 09 11 years Boys & Girls, can take part in 3 out of 4 races, with not more than 2 skaters taking part in each race.



















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- 3. Maximum Skaters allowed for Sub Junior, Junior and Senior Age Groups from each State/U.T. in both Boys and Girls events are 3 each for Quads and 4 each for Inline races; therefore maximum number of 42 Skaters i.e. (Boys 21 + Girls 21) are allowed to take part from a team participating in all events in all age groups.
- 4. From each Unit's Team, a Quad skater of Age Group 11-14, 14-17 & Above 17 years can take part in maximum 3 out of 4 races with not more than 2 skaters taking part in each race.
- 5. From each Unit, Inline skaters of the Age Group 11 14 (SUB JUNIORS) can take part in 3 out of 6 races and skaters of the Age Group 14 17 and Above 17 (JUNIORS & SENIORS) can take part in 4 out of 9 Inline races with not more than 2 skaters taking part in each race. Only a Skater taking part in a regular race is entitled to take part in Relay, Mixed Relay and Marathon Races; however Juniors and seniors skaters will race together in Marathon race for one gold, one silver and one bronze medal.
- 6. Maximum Skaters allowed in the Masters age group from each State/U.T. in both Men and Women events are 3, therefore maximum number of 6 Skaters i.e. (Men 3 +Women 3) are allowed. From each unit, Inline Skaters of Above 35 years (MASTERS) can take part in 2 out of three races, with not more than 2 skaters taking part in each race.
- 7. Skaters who had taken part in any of the previous National Championship are only allowed to take part in Master Age Group.
- 8. Inline skaters are not allowed to take part in Quads races similarly Quad skaters are not allowed to take part in Inline Races.
- 9. ** Track, Point to Point + Elimination (10 K) and Elimination (10 K) races may be conducted on Road wherever Bank Track is not available.
- 10.*** Road V 3000mts race on road for the age group 11-14 inline boys & girls is a road race (Not elimination)
- 11. In case of a bank Track, it should preferably be 6 meters wide and a lap should normally be of 200 meters.
- 12. Road Races and Relay Races are to be conducted subject to availability of proper infrastructure.



















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13. Relay races are to be conducted only on 200 meter Bank or Flat Track.

14. Speed Technical Committee General Regulations and Updated World Skate (FIRS) Speed Skating rules shall be followed for conducting all races.

15. One Lap on the track: The Track should not be shorter than 50 meters and longer than 200 meters. It can be a flat or banked track. The start and finish should be at the same point, Start and Finish on the bend should be avoided.

16.* Club/District/State level competitions, where 200 meters track is not available, the 200 mts DUEL TT can be conducted as a time trial event. However the participants selected, have to participate in the National level competitions as a duel TT event.

18. a) + Mixed Relay: Maximum Team allowed per each age group from each State/UT is one (1). Skaters taking part in regular races are only allowed to participate in the Mixed Relay Race.

b) Mixed Relay Team Consists of four (4) skaters, two (2) boys/men and two (2) girls/women. Skaters are to relay every lap. The last relay will be made prior to the start of last lap. All other rules of relay shall be applicable.

19. For other details please refer to General Rules for Speed Skating 2022.

Note: The races will not be conducted if the total number of participants / teams in the particular age group is less than three (3). However to promote the sport, competition will be conducted and the participants will be awarded consolation prizes.

Chairman

Speed Technical Committee - RSFI

Executive Director



















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			ARTISTIC SI	KATING -	- 2022-23 (Referen	ce 11 RR An	nexure – B)		
AGE GROUP	FREE Skating		PAIR SKATING		DANCE			Minimum Points		
	1	2	4	4	5	6	7	8	9	ForMedal
	FREE SKATING	FIGURE	PAIR	SOLO	COUPLE	FREE QUARTET PREC		PRECISION	PRECISION SHOW GROUP	
Cadet										
05 to 07	FREE	FIGURE	PAIR	SOLO	COUPLE					2.0
07 to 09	FREE	FIGURE	PAIR	SOLO	COUPLE	FREE	QUARTET	7 - 14 years	7 - 14 years	2.0
09 to 11	FREE	FIGURE	PAIR	SOLO	COUPLE	FREE	QUARTET	7 - 14 years	7 - 14 years	3.0
Sub Junior										
11 to 14	FREE	FIGURE	PAIR	SOLO	COUPLE	FREE	QUARTET	7 - 14 years	7 - 14 years	3.0
Junior										
14 to 17	FREE	FIGURE	PAIR	SOLO	COUPLE	FREE	QUARTET	Above 14 Years	Above 14 years	3.0
Seniors							T			
Above 17	FREE	FIGURE	PAIR	SOLO	COUPLE	FREE	QUARTET	Above 14 Years	Above 14 years	3.0
Masters		1					I			
Above 35	FREE			SOLO	COUPLE		QUARTET			2.0

Important Notes:-

- 1. Maximum Skaters allowed in each Age Group from each State/U.T. each in both Boys and Girls individual events are 2 per age group for all events.
- 2. Maximum entries allowed in all age groups from each state / UT for Pair Skating as well as Couple Dance are 2 per age group
- 3. Quartet team will be of 4 skaters. A maximum of Quartet team is allowed per each State/UT Unit is one (1).



















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- 4. Small Show Group Team 6 to 10 skaters for 7 to 14 years age group , Junior Show Group Team : 8 to 12 skaters for the age group above 14 years
- 5. Precision Team of 8 to 12 skaters in Above 14 and, 8 to 10 Skaters in 7 to 14 years age group.
- 6. From each Unit, for all Age groups skaters can take part in any 4 out of 6 events. **Quads Skaters cannot participate in Inline and Vice versa.**
- 7. From each Unit, Cadet, Sub Junior, Junior and Senior Age groups skaters can additionally take part in the Team Events
- 8. For all Team events, the event will be conducted only if there are 3 and more teams participating. The minimum marks criteria will be applicable for awarding medals.
- 9. A Maximum one teams is allowed in each Age Group from each State/U.T. for all the Team Events.
- 10. For Cadet and Juniors Minimum marks required for qualifying for International events will be: Cadet (Asians) 4.5 Marks, Junior 5.0 and Seniors 6.0
- 11. State Association that will enter a Male athlete in the Solo Dance Category whether he is a junior or Senior, will have to enter also a Dance Couple in the same category.
- 12. For Pair Skating the Girl could be in the same age group or 1 lower age group as compared to the boy
- 13. In rules circulated 11 to 14 Solo Dance the cluster should be a maximum level 3 and not level 1 as mentioned.
- 14. The Dance requirements will change every year based on World skate requirement.

Note: The event will not be conducted if the total number of participants/teams/pairs in the particular age group is less than three (3). However to promote the sport, competition will be conducted and the participants will be awarded consolation prizes.

Chairman

Artistic Technical Committee - RSFI

Executive Director



















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ROLL	ER & INLINE HOCKEY AGE GRO	OUPS - 2022-23 (Reference 1	IRR Annexure - C)					
	HOCEKY							
	1	2	3					
AGE GROUP	ROLLER HOCKEY	INLINE HOCKEY	ROLLER HOCKEY					
7101 GROOT	Max 10 Players	Max 12 Players	MIXED TEAM					
	(8 Players + 2 Goal Keepers)	(10 Players + 2 Goal Keepers)	Max 10 Players					
			(8 Players + 2 Goal Keepers)					
Cadet								
07 to 11	YES	YES	YES					
Sub Junior								
11 to 14	YES	YES	YES					
Junior								
14 to 17	YES	YES	YES					
Seniors								
Above 17	YES	YES	YES					
Masters		1						
Above 35	YES	YES						

Important Notes:-

1. Maximum Teams allowed from each State/UT in Roller Hockey per each age group 07-11, 11-14, 14-17, Above 17, & Masters groups in both Boys & Girls, Men & Women is one.



















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- 2. In a Roller Hockey match, only two players can participate with Inline skates.
- 3. Maximum Teams allowed from each State/UT in Inline Hockey per each age group 07-11, 11-14, 14-17, Above 17, & Masters groups in both Boys & Girls, Men & Women is one.
- 4. Roller Hockey Team skaters cannot take part in Inline Hockey Team and vice versa.
- 5. Maximum Teams allowed from each State/UT in Roller Hockey per each age group 07-11, 11-14, 14-17, Above 17 groups in both Boys & Girls, Men & Women is one.
- 6. Mixed Roller Hockey Team consists of 10 payers (5 Boys/Men and 5 Girls/Women) with a minimum of two Goal Keepers (Both Goal Keepers can be either Boy/Girl or Men/Women).
- 7. Team members of Roller Hockey Team (both Boys & Girls/Men & Women) are only allowed to participate in the Mixed Roller Hockey Team Event.
- 8. A minimum of two Girls/Women (other than the Goal Keeper, If the goal keeper is a girl/women) shall always be part of the playing team in the rink during the entire course of the match.

Note: The event will not be conducted if the total number of participants/teams/pairs in the particular age group are less than three (3). However to promote the sport, competition will be conducted and the participants will be awarded consolation prizes.

Chairman

Roller & Inline Hockey Technical Committee - RSFI

Executive Director



















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FREESTYLE AND OTHER EVENTS AGE GROUP - 2022 - 23, "D" AND "E" (Reference 11 RR annexure - D & E)

	ANNEXURE - D Roller Freestyle Skateboarding Hill Alpine									
AGE GROUP					Skateboarding		Alpine	Roller Derby	Scooter	Skate Cross
	1	2	3	4	5	6	7	8	9	10
	Speed Slalom	Classical Slalom	Pair Slalom			Can partic	cipate in both	Min. 8 players, Max. 12		
Cadet										
07 to 11					YES					
09 to 11	YES	YES			YES					
Sub Junio	or									
11 to 14 Junior	YES	YES	YES	YES	YES	YES	YES			
14 to 17 Seniors	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Above 17	YES	YES	YES	YES	YES	YES	YES			
Masters										
Above 30					YES					



















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Important Notes:-

- 1. Maximum Skaters allowed in the all the Age Group of Inline freestyle from each State/U.T. in both Boys and Girls, Men and Women events are 2.
- 2. Maximum Pairs allowed in the all the Age Group of pair slalom from each State/U.T. in both Boys and Girls, Men and Women are 2.
- 3. A skater can participate in a maximum of two (2) out of three (3) Inline Free Style events.
- 4. Maximum Skaters allowed in the Age Group 11 14, 14 17 and Above 17 years boys and girls of Roller Free Style from each State/U.T. are 2.
- 5. Maximum Skaters allowed in the all the Age Group of Down Hill, Alpine from each State/U.T. in both Boys and Girls events are 2. Skaters taking part in Downhill are also allowed to take part in Alpine.
- 6. Maximum teams allowed for Roller Derby Boys and Girls from each State/UT is one.
- 7. Maximum skaters allowed for Skateboarding for all the age groups from each State/UT unit are 2.
- 8. Maximum skaters allowed for Scooter & Skatecross for all the age groups (Above 11 Boys & Girls) from each State/UT unit are 2.
- 9. Dimension of Scooter wheels are as per World Skate Regulations.

Note: The event will not be conducted if the total number of participants/teams/pairs in the particular age group is less than three (3). However to promote the sport, competition will be conducted and the participants will be awarded consolation prizes.

Chairman

Technical Committee - RSFI

Executive Director























ENTRY FEE - 2022-23 SPEED SKATING

Description	Dt Level	State Level	National Level
Per Age Group per skater	Rs. 500/-	Rs. 700/-	Rs. 750/-
Relay per team per age group	Rs. 1500/-	Rs. 2100/-	Rs. 2250/-
Mixed Relay per age group	Rs. 2000/-	Rs. 2800/-	Rs. 3000/-
Marathon par skater	Rs. 500/-	Rs. 700/-	Rs. 750/-

ARTISTIC SKATING

Description	Amount	Amount	Amount
Per Age Group per skater Free/Figure/Solo	Rs. 500/-	Rs. 700/-	Rs. 750/-
Per Age Group per Skater Inline	Rs. 500/-	Rs. 700/-	Rs. 750/-
Pair Skating - per age group - per pair	Rs. 1000/-	Rs. 1400/-	Rs. 1500/-
Couple Dance - per age group - per couple	Rs. 1000/-	Rs. 1400/-	Rs. 1500/-
Quartet - per age group - per team	Rs. 2000/-	Rs. 2800/-	Rs. 3000/-
Precision Sub Junior - Per team	Rs. 5000/-	Rs. 7000/-	Rs. 7500/-
Precision Junior - Per team	Rs. 6000/-	Rs. 8400/-	Rs. 9000/-
Show Group Cadet & Sub Junior - per team	Rs. 5000/-	Rs. 7000/-	Rs. 7500/-
Show Group Junior per team	Rs. 6000/-	Rs. 8400/-	Rs. 9000/-

ROLLER HOCKEY

Description	Amount	Amount	Amount
Per Age Group per team	Rs. 5000/-	Rs. 7000/-	Rs. 7500/-
Mixed Team per age group per team	Rs. 5000/-	Rs. 7000/-	Rs. 7500/-

INLINE HOCKEY

Description	Amount	Amount	Amount
Per Age Group per team	Rs. 6000/-	Rs. 8400/-	Rs. 9000/-

INLINE FREESTYLE SKATING

Description	Amount	Amount	Amount
Per Age Group per skater speed Slalom	Rs. 500/-	Rs. 700/-	Rs. 750/-
Per Age Group per skater classic Slalom	Rs. 500/-	Rs. 700/-	Rs. 750/-
Pair Slalom	Rs. 1000/-	Rs. 1400/-	Rs. 1500/-

SKATEBOARDING

Description	Amount	Amount	Amount
Per Age Group per skater	Rs. 500/-	Rs. 700/-	Rs. 750/-

ROLLER FREESTYLE, DOWN HILL, ALPINE

Description	Amount	Amount	Amount
Per Age Group per skater per event	Rs. 500/-	Rs. 700/-	Rs. 750/-

ROLLER DERBY

Description	Amount	Amount	Amount
Per Team	Rs. 6000/-	Rs. 8400/-	Rs. 9000/-

Executive Director - RSFI













